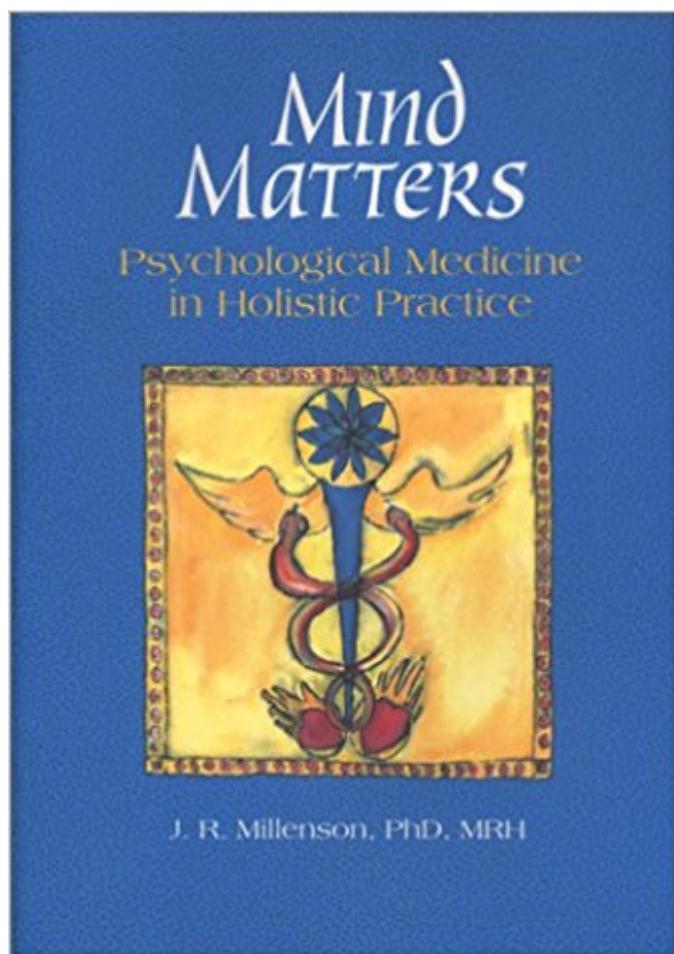


The book was found

Mind Matters: Psychological Medicine In Holistic Practice



Synopsis

This is an exploration of psychological medicine in holistic practice, written especially for students and practitioners of, and those with an interest in, alternative medicine. It is aimed at those wishing to look more deeply into the emotional and mental aspects of illness. The book weaves a balance between a scientific approach towards health psychology and humanistic conceptions of medicine as a healing art. It presents a rigorous exposition of the theory and practice of health psychology from the standpoint of natural medicine and sets the causes of illness into perspective from a multicausal, biopsychosocial point of view.

Book Information

Perfect Paperback: 337 pages

Publisher: Eastland Pr (September 1995)

Language: English

ISBN-10: 0939616211

ISBN-13: 978-0939616213

Product Dimensions: 1 x 7.2 x 10.2 inches

Shipping Weight: 1.7 pounds

Average Customer Review: 3.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #1,767,356 in Books (See Top 100 in Books) #94 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Holistic Medicine #1494 in Books > Books > Health, Fitness & Dieting > Alternative Medicine > Holistic #2817 in Books > Textbooks > Books > Medicine & Health Sciences > Medicine > Clinical > Psychiatry

Customer Reviews

"A much needed counterbalance to many dry and uninspiring health psychology texts." --

Complementary Therapies in Medicine

J.R. Millenson received his Ph.D. from Columbia University in psychology, a subject that he taught at Carnegie Mellon, Oxford and McGill Universities. He is a Member of the Register of Herbalists (MRH) in Great Britain, and founder of the Findhorn Bay Apothecary, a natural health center in Scotland. He is currently a tutor for the School of Herbal Medicine of the General Council and Register of Consultant Herbalists in Brighton, Sussex. Among Dr. Millenson's other publications is *Principles of Behavioral Analysis*, a widely used psychology textbook.

there are some interesting ideas but overall I felt the book was outdated and dry. it was very hard to read.

This exhaustive review of the evolutionary changes in the healthcare industry is nonbiased and very readable. An excellent account of the impact of the outcomes movement, quality improvement and information science on how doctors will be treating patients for the foreseeable future. A must for all caregivers and useful for the rest of us seeking state of the art care for ourselves and our families. The author's background and review of recent historical changes provides for a great read.

[Download to continue reading...](#)

Mind Matters: Psychological Medicine in Holistic Practice Essential Oils for Dogs: 100 Easy and Safe Essential Oil Recipes to Solve your Dog's Health Problems (Alternative animal medicine, Small mammal Medicine, Aromatherapy, Holistic medicine) Holistic Nursing: A Handbook For Practice (Dossey, Holistic Nursing) Master Your Mind: Achieve Greatness by Powering Your Subconscious Mind [mental power, mind control, thought control] (brain power, subconscious mind power, NLP, Neuro Linguistic Programming) A Holistic Guide to...: Lupus (A Holistic Guide to the disorder of your choice Book 2) The Addiction Formula: A holistic approach to writing captivating, memorable hit songs. With 317 proven commercial techniques and 331 examples. (Holistic Songwriting) The Better Bladder Book: A Holistic Approach to Healing Interstitial Cystitis & Chronic Pelvic Pain[THE BETTER BLADDER BOOK: A HOLISTIC APPROACH TO HEALING INTERSTITIAL CYSTITIS & CHRONIC PELVIC PAIN] by Cohan, Wendy (Author) on Nov-09-2010 Paperback Rheumatoid Arthritis Handbook: Arthritis Pain Relief and Prevention Through Holistic Healing (Medical Diseases, RA, Rheumatology, Natural Remedies, Holistic Health) The Addiction Formula: A Holistic Approach to Writing Captivating, Memorable Hit Songs. With 317 Proven Commercial Techniques & 331 Examples, incl ... "All Of Me" (Holistic Songwriting) (Volume 1) Hypnosis: Medicine of the Mind: Hypnosis: Medicine of the Mind - A Complete Manual on Hypnosis for the Beginner, Intermediate and Advanced Practitioner How the Art of Medicine Makes the Science More Effective: Becoming the Medicine We Practice (How the Art of Medicine Makes Effective Physicians) Distinguishing Psychological From Organic Disorders, 2nd Edition: Screening for Psychological Masquerade Unmasking Psychological Symptoms: How Therapists Can Learn to Recognize the Psychological Presentation of Medical Disorders Psychological Astrology And The Twelve Houses (Pluto's Cave Psychological Astrology Book 1) Psychological Factors in Emergency Medical Services for Children: Abstracts of the Psychological, Behavioral, and Medical (Bibliographies in Psychology) (No. 18) Why Architecture Matters (Why X Matters Series) Why Preservation Matters (Why X Matters Series)

The 100-Pound Problem (Math Matters Series) (Math Matters (Kane Press Paperback))

Discernment Matters: Listening with the Ear of the Heart (The Matters Series) Humility Matters:

Toward Purity of Heart (The Matters Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)